

Rosa Field Hockey Contract

2015 – 2016

Thank you for trying out for the Rosa Field Hockey Team! We feel that it is a privilege to play for your school and we are confident you will represent Rosa as a positive role model. You were given a complete schedule for the season listing practices and games. We trust you will make a full commitment to the program by attending all of them. Below is a list of rules and regulations we request you follow:

- School/Academics come first, Rosa Field Hockey second, other leagues/teams third.
- You are to attend and be on time for all practice sessions. You are expected to be out on the field and **ready to stretch by 3:10.**
- If you are present in school and cannot attend practice due to a rehearsal or receiving extra help from a teacher, ***you must see Coach Speakman during the school day and notify her.***
Do not send word with another player or classmate.
- Players are to be properly dressed for practice including all necessary equipment i.e. stick, mouth guard, shin guards, goggles, sports bra, etc. What you wear to school is not appropriate for practice. You are responsible for purchase of goggles for the 2013 -2014 season. Goggles will **not** be provided by the school and **no** player will be allowed to play without them.
- If you are not going to take the late bus home you must arrange with your parents/guardians to be **picked up at 4:30.** You should **not** have to call for a ride home at the conclusion of practice.
- All games are scheduled to **begin at 3:45 and will end between 5:00-5:30.** For away games the bus will usually arrive back at Rosa **between 5:45 -6:15.** (Approximate Times) **(Students will call from the bus to let you know approximate return time)**
- Maintain a “C” average in your classes as well as a positive conduct report. Teachers will be notified who is on our team and will contact us regarding any issues that may arise. If you serve a detention you will lose playing time. Consistent problems in the academic and behavioral areas will result in dismissal from the team.
- All players must ride the team bus to away games. You are permitted to leave with your parents at the conclusion of the game but you must notify the coaches ahead of time as well as sign out in the binder. If you plan to go home with a teammate’s parents/guardians, you must have a written note from your parents that gives their approval.
- **Inappropriate behavior toward coaches, teammates, umpires, or other teams will not be tolerated and will result in loss in playing time or dismissal from the team.**
- Parents/guardians are encouraged to come to all of our games and support the team. However, it is important that parents **remain away from the team bench and not distract the players.** The coaches should be the one giving direction to players.
- **Players and parents are required to exhibit good sportsmanship at all times. Remember we are representatives of our school.**
- If a player is concerned or has a problem with a coach, they should request a one-to-one meeting with that coach. If a parent/guardian would like to discuss a problem, a private meeting should be set up with the coach directly. Coach Speakman’s email is aspeakman@chclc.org Please do not try to address a matter during a practice session or game.

- *Injuries:* All injuries are to be reported to your coach immediately so that an accident report can be filled out with the nurse. Injuries that occur out of school should also be reported to the Coach immediately so necessary care can be arranged.
- *Care of Uniforms:* Players are responsible for the uniform that they are issued and will return such uniform after the season. Uniforms are to be washed in **cold water only** and hung dry. Please do **not** bleach, iron or place the uniform in the dryer. If needed apply “Spray and Wash” to the uniform before washing.
- All players must have a lock to store their belongings during practice. You are entitled to one locker per person. Each player is responsible for their lock, remembering their combination and locking their items up during practice.
- **There will be no handouts given during practice or at the fields. If there is something to be handed out it will be distributed by the Coach and must be brought to school with the player to be approved by the Coach and Athletic Director. Handouts must be dropped off to B207 in the morning during Advisory or in Coach Speakman’s Mailbox.**
- All parents must pick up their players in the side lot with the buses. No player will be allowed to leave from the front of the school or out of the back door of the locker room.
- Parents are not to enter the locker room at any time. If you need to help your player with their things. Coach Speakman will help them out to the door. If you need to drop off water or forgotten equipment please bring it to the main office.
- **Any apparel will be organized, distributed, and bought through the school and by the Coaching Staff. No apparel items should be organized outside the school. Purchases will be made through the new school store.**
- Captains will be chosen by Coach, will alternate each game and can be any member of the Rosa Field Hockey Team (6th, 7th or 8th grade). **No player is guaranteed a game as a Captain.** Captains will be chosen on the following characteristics: hardworking, determined, accountable, unselfish, and respectful.

We trust that the season will be a rewarding experience for the players and their parents/ guardians. We will do our best to provide you with a positive learning environment that will help you develop a sense of “team”, exhibit good sportsmanship, increase your desire to play field hockey and improve your skills and knowledge of the game. Hopefully, you will develop a love for the game that will lead you to play at the next level. Any questions or concerns should be brought to Coach Speakman directly.

Thank you,

Alexandra Speakman

Please **PRINT** Student Name

LC #

Parent/Guardian’s Signature

Date: _____

Student’s Signature

Date: _____